



TESTICULAR  
**CANCER**  
AWARENESS

# Why are you here?

- To increase your awareness of testicular cancer
- We want you to be educated and understand the importance of performing testicular self exams every month



# What is testicular cancer?

- Testicular cancer is a disease in which cancer develops in one or both of a man's testicles.
- Cancer develops when cells begin to grow out of control. As these abnormal cells rapidly grow and develop, they invade and destroy healthy tissue and organs in the body.



# Who can get testicular cancer?

- Any man, regardless of age or race, can develop testicular cancer.
- Most common form of cancer in men between the ages of 15 and 40.



# FACTS

- Up to 99% curable when caught and treated early
- Only 4% of testicular cancer tumors are discovered by doctors
- Often a person with testicular cancer will not feel any pain
- The most COMMON cancer in young men  
ages 15-40



# FACTS

- Best time to perform a self-examination is during or immediately after a warm shower
- Self-examination is vital – takes only a few minutes and can be done in the comfort of your own home
- Any man, regardless of age or race, can develop testicular cancer.

**There are NO known causes for testicular cancer!**



# Testicular Cancer Warning Signs

- Pain (Sometimes A Dull Ache)
- Hardness
- Shortness of breath
- Swelling
- A small, Painless Lump
- Heaviness In The Scrotum Or Groin

**\*\*IMPORTANT:** There have been several cases of men diagnosed with testicular cancer often having no pain at all.



# Shower Cards





# CELEBRITY SURVIVORS

SEAN KIMERLING  
TESTICULAR CANCER  
FOUNDATION

*Awareness. Answers. Action.*

- Dan Abrams, TV legal news personality\*
- Tyler Austin, MLB player\*
- Lance Armstrong, pro bicyclist
- Chad Bettis, MLB player
- Tom Green, comedian
- Scott Hamilton, pro figure skater & broadcaster
- John Kruk, MLB player
- Billy Mayfair, pro golfer
- Nate Solder, NFL player
- Taboo, Musician/Rapper/member Black Eyed Peas
- Nathan Adrian, 5 time Olympic Gold Medalist



\* SKTCF partner

# Important Takeaways to Remember

- **Most Common Cancer for Young Men ages 15-40**
- **Spreads Very Quickly**
- **Once diagnosed TC affects everyone around you**
- **Is More Than 99% Curable If Caught and treated Early**
- **Perform a self-examination at least once a month – awareness is the cure to TC!**

**If you find something – say something!**

