

Dear Parent/Guardian:

The Jefferson Davis Parish School Board's Child Nutrition Program participates in the School Breakfast Program. We offer a nutritious breakfast every morning at every school to students, teachers, parents, and other staff members for a nominal fee.

The benefits of eating breakfast before school has been extensively studied. The following is just some of the research findings:

- Higher test scores: research has proven that children who eat breakfast have higher math and reading scores.
- Improved attendance: studies show that students who eat breakfast are absent and tardy less often.
- Fewer trips to the school nurse: when students eat breakfast, nurses report fewer hunger related office visits.
- Improved classroom behavior: students are better able to pay attention when they have eaten. Principals also confirm that they see fewer discipline problems when students have eaten breakfast.

Again, breakfast is provided every morning at your child's/children's school. Please call the school or talk with the cafeteria manager for times.

Thank you,
Tina Coleman
Child Nutrition Program, Supervisor